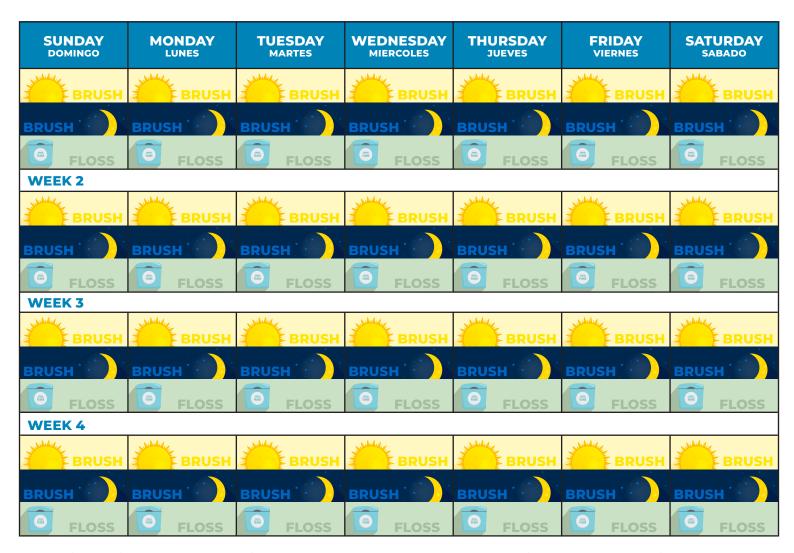


CELEBRATE YOUR HEALTHY SMILE BRUSHING & FLOSSING CHART

Name:	Date:

Your goal is to brush twice a day and floss once a day. **You can do it!**



Hang this chart in your bathroom. Write your name and day you started your promise to brush and floss in the space above.

Put a star in the box when you brush in the morning, at night and also when you floss.

